# A Retrospective Analysis of Patients Receiving Teleradiology Consultations for Computed Tomography in the Emergency Department

Serviste Bilgisayarlı Tomografi için Teleradyoloji Konsültasyonu Yapılan Hastaların Tanımlayıcı Bir Analizi

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# ABSTRACT

**Introduction:** Teleradiology plays an essential role in the accurate and prompt diagnosis of patients in the emergency department (ED). This study aimed to analyze some factors affecting the use of teleradiology in EDs.

**Methods:** We retrospectively examined computerized tomography (CT) images taken in our ED over one month. We compared patients for whom emergency physicians (EP) requested an immediate report via teleradiology (group 1), and patients for whom they requested no report and assessed themselves (group 2), in terms of demographic characteristics, complaints, outcomes, and re-admission.

**Results:** The study population consisted of 1999 patients, 831 in group 1, and 1168 in group 2. The patients in group 2 were older ( $42.87\pm25.12$  years) than those in group 1 ( $38.78\pm25.03$  years) (p<0.01). The proportion of reports issued in forensic cases (85.8%) was significantly higher than that in non-forensic cases (p<0.05). EPs most commonly requested reports for patients presenting to the hospital due to abdominal pain (p<0.05). EP requested significantly more reports for patients admitted to the hospital and for subjects who died (p<0.05). The re-admission rate among patients who were discharged without teleradiology consultation was higher than the re-admission rate of those who were discharged after the teleradiology consultation (p=0.01).

**Conclusion:** Our findings show that teleradiology is most used in forensic cases, for patients with abdominal pain, who are admitted to clinics, and at after-hours.

**Keywords:** Emergency, teleradiology, computed tomography, abdominal pain

# ÖΖ

**Amaç:** Teleradyolojinin, acil servislerde hastalara zamanında ve doğru tanı konmasında önemli bir işlevi vardır. Bu çalışmamızda acil hekiminin teleradyolojiyi daha çok hangi durumlarda kullandığını inceleyerek, acil servislerde teleradyoloji kullanımını etkileyen faktörleri tespit etmek istedik.

**Yöntemler:** Bir ay boyunca acil servislerde çekilen bilgisayarlı tomografi (BT) görüntülerini retrospektif olarak inceledik. Acil hekiminin teleradyolojiden hemen raporlama istediği (grup 1) ve raporlama istemeyip kendisinin değerledirdiği hastaları (grup 2); demografik özellikleri, şikayetleri, sonlanımları ve tekrar başvuru açısından karşılaştırdık.

**Bulgular:** Çalışmada toplam 1999 hasta olup, bunların 831'i grup 1 1168'i ise grup 2'ye aittir. Grup 2'deki (42,87±25,12 yıl) hastalar grup 1'dekilerden (38,78±25,03 yıl) daha yaşlıdır (p<0,01). Adli olgularda raporlanma oranı (%85,8) adli olmayanlara göre anlamlı düzeyde daha yüksektir (p<0,05). Acil hekimleri en fazla raporlamayı karın ağrısı şikayetiyle hastaneye başvurup abdomen BT çekilen hastalara istemiştir (p<0,05). Acil hekimi hastaneye yatırılan ve ölen olgulara taburcu olanlara göre daha fazla raporlama talep etmiştir (p<0,05). Teleradyoloji konsültasyonu yapılmadan taburcu edilen olguların acile tekrar başvuru oranı, teleradyolojiye konsülte edilip taburcu edilenlerinkinden anlamlı düzeyde daha yüksektir (p=0,01).

**Sonuç:** Bu araştırmada, adli olgularda, karın ağrılı hastalarda, hastaneye yatırılarak tedavi edilmesi gereken hastalarda ve mesai dışındaki saatlerde acile başvuran hastalarda teleradyolojinin daha fazla kullanıldığını tespit ettik.

Anahtar Kelimeler: Acil, teleradyoloji, bilgisayarlı tomografi, karın ağrısı



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### Introduction

Emergency departments (ED) are units that serve a significant proportion of hospitals' patient populations and that have high mortality rates. In contrast to other fields, the nature of the case that will arrive next is unknown, and a multidisciplinary approach is generally required. It is, therefore, essential for arriving patients to be evaluated in detail and for the necessary tests and consultations to be performed promptly (1). The radiology unit plays a crucial role in early diagnosis and prompt treatment in the management of emergency patients (2). So, the emergency radiology has emerged as a subspecialty in parallel with the development of emergency medicine in recent years. The emergency radiology serves regardless of working hours, but staying in the hospital all the time is difficult for a radiologist. So the online radiology consultation service, known as teleradiology, helps us to solve this problem (3).

Teleradiology refers to the digital transfer of patients' radiological images [computed radiographs (CR), computed tomography (CT) and magnetic resonance imaging (MRI)] to a radiology specialist outside the center where the imaging was performed for consultation or evaluation. The use of teleradiology has spread in parallel to recent advances in picture archiving and communication systems (PACS) (4). The use of teleradiology in EDs is increasing rapidly, and this is making a significant contribution to reducing morbidity and mortality (5). The real increase in the use of teleradiology happened at the beginning of the 2000s. Between 2003 and 2007, teleradiology use increased from 15% to 50% (6). In the USA, teleradiology is used in the majority of imaging reports performed after-hours, and the level of use of teleradiology by radiologists is very high in private hospitals (7).

The teleradiology has been operating in our hospital since 2016. We examined the patients who underwent CT in our ED and searched for urgent teleradiology consultation demands of emergency physicians (EP). We aimed to determine the factors affecting the use of teleradiology in the ED by evaluating the differences between the patients who got teleradiology consultation urgently and who did not get.

# Methods

#### **Study Design and Population**

This was a retrospective study conducted in the adult ED of a tertiary hospital. Before the study, the approval of the Clinical Research Ethics Committee of Adıyaman University was obtained (decision no: 2019/2-12). Since it was a retrospective study, no patient consent form was obtained. Our hospital is a tertiary health institution serving a city with a population of 600.000, and its ED operates by a 24-h shift system, involving four physicians (two emergency medicine specialists and two general practitioners). The hospital administration has contracted with a teleradiology company for evaluating the radiological images (CT and MRI), which were obtained in ED. So, all of the images in our ED have been evaluated by radiologists who were provided by the teleradiology company. Seven radiologists had a minimum of five years of radiologists examined the images on a standard monitor in their home. There are radiologists in our hospital during working hours. However, they do not

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evaluate any radiological images (CR, CT, MRI), which were taken in our ED because of the lack of numbers of radiologists.

Patients presenting with any symptom and undergoing CT scan in the ED of our hospital in January 2019 were included in the study. The records of the patients included were examined retrospectively. We investigated the reason for CT scan, the time performed, whether the EP evaluated the results or requested an emergency report from teleradiology, the time it took to write the report, patients' demographic data, whether the case is forensic and patient outcomes. Legal cases mean events that require prosecution such as traffic accidents, firearm injuries, and stabbings. Then patients were divided into two groups, those for whom emergency teleradiology reports were requested immediately (group 1) and those for whom no teleradiology report was requested (group 2). Differences between the groups were investigated in order to elicit findings concerning teleradiology use in the ED. We also investigated the time taken to write reports and the factors affecting that time in group 1 patients. Additionally, the patients, who were discharged from ED after CT evaluation by EP (without any teleradiology report), were investigated for any re-admission in 24 hours. The cases that have missing data in their medical records were excluded from the study.

#### System Description and Design

The CT images in our ED were taken by a Multi-Detector- Row CT scanner (Mx 8000 IDT 16, Philips Medical Systems, Best, The Netherlands). Once radiological imaging has been performed, the images are sent by the technician performing the imaging to the EP and the teleradiology physician via the PACS system in DICOM format. The EP first evaluates them and tries to diagnose. The names of patients whom the physician is unable to diagnose are sent to the remote radiologist using the online messaging service (Skype<sup>®</sup>), together with any preliminary diagnosis. The available radiologist then performs an urgent assessment following receipt of the Skype<sup>®</sup> message from the EP, together with the images that appear on the teleradiology worklist. Once the images have been assessed, the teleradiology physician sends the report with an e-signature back to the emergency system. However, this report is preliminary, and the final report is created in 24 hours after a double-check by a second radiologist. Images for which the EP does not request a report are regarded as routine work, and reports for these are issued within three days at the latest under the contract with the company providing the hospital's teleradiology service. In urgent cases, reports must be issued within 40 min under the contract. The reporting duration in our study was calculated as the time elapsing between the EP sending a Skype<sup>R</sup> message to the radiologist, and the report appearing on the emergency system.

#### **Statistical Analysis**

Data analysis was performed on Statistical Package for the Social Sciences (SPSS, version 22.0, Chicago, IL, USA) software. P<0.05 was regarded as statistically significant. Data were expressed as mean±standard deviation and median values. Student's t-test was used in the analysis of quantitative data when data were normally distributed, and the non-parametric Mann-Whitney U test when data were not normally distributed. The chi-square test and Fisher's exact chi-square test were

used to compare qualitative data. Correlation between variables was investigated using Spearman's test for nonparametric data and Pearson's test for parametric data.

# Results

During the study period, 2397 images from 1999 patients were evaluated. EPs requested a teleradiology report of 1152 images from 831 patients (group 1), while no emergency reports were sought for 1245 images from 1168 patients, with the EPs evaluating those images themselves (group 2). The mean age of the patients was  $41.17\pm25.16$  years (range, 0-104), with males comprising 1073 cases and females 926. The mean time to report being issued in group 1 was  $35.76\pm33.63$  min (range, 2-376), and the majority being issued in 20-39 min (43.6%) (Table 1).

Patients in group 1 were significantly younger than those in group 2 (p<0.01). Reports were issued for 40.6% of female patients, and 42.4% of males and gender did not affect report request rates (p>0.05). The urgent report rate of forensic cases was 85.8%, compared to 35.3% for non-forensic cases, and the difference was significant (p<0.05). In terms of outcomes, in group 1, urgent reports were requested for all the patients who died (100%), for 54.7% of hospitalized patients, and 39.2% of discharged patients. In group 2, 60.8% of cases (n=1038) discharged without teleradiology report, and 35 of these patients re-admitted to our ED within 24 hours, and 15 of them were hospitalized. Nine patients who were discharged after teleradiology reporting also re-admitted to ED, but none of them were hospitalized. The re-admission rate of

#### Table 1. Descriptive statistics

discharged patients in group 2 (3.4%) was significantly higher than those in group 1 (1.3%) (p=0.01). A significantly higher proportion of urgent report requests were made for hospitalized patients, and patients who died, separately (p<0.05). The majority of imaging (67.3%) was performed at after-hours, and urgent report request rate was significantly lower at working hours (p<0.05). The complaint for which urgent reports were most commonly requested was abdominal pain, at 73.7%, while the lowest level of reports was requested for patients presenting due to headache (15.9%), and a significant relation was determined between complaints of patients and urgent report demand (p<0.05) (Table 2). Time to report delivery was not significantly affected by many variables such as the patient's age and gender, time of imaging, outcomes, and the patient's complaints (p>0.05).

# Discussion

Our findings showed that we made greater teleradiology use in the ED in forensic cases, in patients with abdominal pain, in patients admitted to the clinics, and for images taken at after-hours. Deficiencies in diagnosis occur for such reasons as the large numbers of patients in EDs, the heavy workload, and physicians' lack of attention. As a natural result of this situation, malpractice litigations may be seen. The radiology department provides significant support to EPs in terms of accurate diagnosis, and fewer problems with the diagnosis are observed in EDs in which a radiology specialist is available on a 24-h basis (8). We, therefore, shared the responsibility in our ED by requesting radiologist

We de blac	Urgently reported	Routinely reported						
Variables	n (%)	n (%)	Total					
Gender distribution								
Female	376 (40.6%)	550 (59.4%)	926					
Male	455 (42.4%)	618 (57.6%)	1073					
Total	831 (41.6%)	1168 (58.4%)	1999					
Age distribution								
<18	172 (46.6%)	197 (53.4%)	369					
18-44	336 (44.6%)	417 (55.4%)	753					
45-65	168 (36.6%)	291 (63.4%)	459					
>65	155 (37.1%)	263 (62.9%)	418					
Region of body								
Head	419 (32.8%)	857 (67.2%)	1276					
Cervical	102 (80.9%)	24 (19.1%)	126					
Thorax	213 (56.6%)	163 (43.4%)	376					
Abdomen	391 (74.5%)	134 (25.5%)	525					
Pelvis	11 (50%)	11 (50%)	22					
Extremity	16 (22.2%)	56 (77.8%)	72					
Total number of films	1152 (48.1%)	1245 (51.9%)	2397					
Turnaround time (minutes)								
<20	231	N/A	231					
20-39	362	N/A	362					
40-59	132	N/A	132					
>60	106	1168	1274					

	Table 2. Comparison of factors that affect the reporting								
Variables	Urgently reported	Routinely reported	р						
Age	38.78±25.03	42.87±25.12	<0.001						
Gender									
Female	376 (40.6%)	550 (59.4%)	0.416						
Male 4	455 (42.4%)	618 (57.6%)	-						
Forensic case									
Yes	212 (85.8%) 35 (14.2%)		<0.001						
No	619 (35.3%)	1133 (64.7%)	-						
Outcome of patient									
Exitus	4 (100%) N/A		<0.001						
Hospitalized	157 (54.7%) 130 (45.3%)		-						
Discharged 6	670 (39.2%)	1038 (60.8%)	-						
Readmission of discharged patients									
Yes	9 (20.5%)	35 (79.5%)	0.01						
No	661 (39.7%)	1003 (60.3%)	-						
Period of filming									
08:01-16:00	222 (33.9%)	432 (67.1%)	<0.001						
16:01-08:00	609 (45.3%)	736 (54.7%)	-						
Complaints patient									
Trauma	330 (44%)	420 (56%)	<0.001						
Headache	74 (15.9%)	391 (84.1%)	-						
Chest pain 2	22 (38.6%) 35 (61.4%)		-						
Abdominal pain 2	272 (73.7%)	97 (26.3%)	-						
Dyspnea	59 (45.4%)	71 (54.6%)	-						
Cognitive problems 7	74 (32.5%)	154 (67.5%)	-						

Table 2.	Comparison	of	factors t	hat	affect	the	reporting
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reports to protect our own against malpractice litigations in cases the EP was unable to diagnose, and especially in forensic cases.

Studies have listed trauma, abdominal pain, and respiratory problems as the most common causes of presentations to the ED (9). Among these cases, patients with abdominal pain have a high possibility of misdiagnosis by EP. The cause of abdominal pain may sometimes not be identified, despite the use of assistant diagnostic tools such as CT (10). Nonetheless, the importance of CT in patients with abdominal pain should not be underestimated. Studies have reported that CT resulted in a modification of treatment in 42% of patients with abdominal pain, that it usually results in the administration of surgical treatment on time, and that it reduces repeated presentations to the ED (11,12). One study examining the increasing use of tomography revealed that the highest increase in requests in 1996-2007 was for abdominal CT, involving a 10fold rise (13). However, another study also observed that EPs incorrectly evaluated radiological images and abdominal CT significantly more than radiologists (14,15). Moreover, the most significant discrepancy with images evaluated by radiologists was seen in tomographies of the neck and abdomen (16). So, the EP must receive support from a radiologist physician when evaluating abdominal CT (17). Another study showed that EPs evaluated cranial CTs to the same extent as radiologists (18). In our study, the patients with non-traumatic abdominal pain were the group for which CT reports were most frequently issued. Subjects with non-traumatic headache were the group with the lowest rate of CT reports. This shows that the condition in which EPs have the most significant difficulty evaluating and for which they most need to consult the teleradiology unit is abdominal pain, while they are better able to interpret cranial CT findings.

In recent years, an increasing number of advanced radiological tests have been used in the USA. However, this has not, in turn, increased emergency pathological diagnoses, and therefore hospitalization rates. Despite many endeavors to make less use of CT, EPs still insist on using the technique, either to avoid malpractice litigation or else because it is a readily available and rapid diagnostic guide (19,20). Also, the use of CT appears to significantly reduce waiting times in the ED among patients requiring to be admitted for treatment in clinics (21). In our study, 85.4% of patients undergoing radiological imaging were discharged. Moreover, non-report rates among discharged patients (60.8%) are also both high. The re-admission rate among these patients was 3.4%, and 42.9% of these re-admissions were hospitalized. So, EPs should avoid discharge of patients without teleradiology reports.

Presentations to the ED occurred after 17:00 h in 62.8% of adults and 72.5% of children in one study (22). Another study reporting that 59.5% of patients arrived at after-hours determined a rate of CT of 54.5% within that time frame (21). The primary aim behind the teleradiology use is to support EPs in terms of diagnosis after-hours (7). The vast majority of our patients admitted to ED at after-hours, and the count of patients in which urgent report was requested after-hours was higher than those of at working hours. We have access to the teleradiology 24-h of day.

The principal contribution of the radiologist to the ED and patient care consists of imaging reports issued promptly and accurately. These reports prevent time loss of patients in the ED and unnecessary crowding (23). One study comparing teleradiology with radiological opinions by telephone showed that in the event of teleradiology being used, the time between imaging being performed and a report issued was less than 34 min (24). Agrawal et al. (25) reported a time of 34.03 min, and Shah et al. (16) of 28.46 $\pm$ 9.20 min. In our study, we calculated a time of 35.76 $\pm$ 33.63 min and the expected time (<40 min) was maintained in 71.4% of the cases.

CT use in ED increases with patient age. Patients aged over 65 constituted the group in which CT was most performed (26.7%), with the lowest rate of CT being observed in patients under nine (3%). This was attributed to chronic diseases increasing with age and to sensitivity over radiation exposure in children. In the same study, it was found that more CTs were scanned on female patients (20). In our study, CT was taken mostly in the 18-44 age group (37.7%), and for male patients. Trauma was the most common cause of presentation in our cases. We attributed this to traumas being particularly common in young men with active lifestyles.

## **Study Limitations**

The main limitation in this study is that the patients whose radiological images were evaluated by EPs and discharged from the hospital were not analyzed for any discrepancy between the radiology interpretation performed by the EP and the radiologist. Because this paper is not a consistency study, and instead of that, we searched the records of these patients for any re-admission and hospitalization.

# Conclusion

Our study findings identified forensic cases, patients presenting with non-traumatic abdominal pain, patients requiring admission to clinics, and presentations at after-hours as the factors affecting the teleradiology use in the ED. EPs should demand teleradiology reports for all images to avoid re-admissions. We think that teleradiology services are beneficial for EPs and should become more prevalent in competing with crowds in EDs worldwide.

**Ethics Committee Approval:** Before the study, the approval of the Clinical Research Ethics Committee of Adıyaman University was obtained (decision no: 2019/2-12).

**Informed Consent:** Since it was a retrospective study, no patient consent form was obtained.

Peer-review: Externally peer-reviewed.

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